



Current Employer-Title Approved Dispute Resolution – Approved Mediation - Shareholder

Profession Mediator, Arbitrator, Attorney

Biographical Lori Adelson is one of South Florida’s premier mediators in workplace conflicts, conflicts,background serving as employment litigation counsel, with substantial transactional experience, having represented public and privatesector employers. Experienced in multi-party disputes including contract and trade disputes.

With more than 20 years of successfully litigating employment, labor, civil rights, consumer, contract and business disputes, Lori Adelson, Esq., owner of APPROVED DISPUTE RESOLUTION, brings her vast experience and skills as a conflict management professional providing mediation, facilitation, training, coaching, and consulting to individuals, organizations, and attorneys. Ms. Adelson practiced law at a large New York firm before relocating to Florida. Ms. Adelson is a graduate of the University of Michigan and received her JD from Hofstra University Law School.

Ms. Adelson is appointed to the United States District Court Certified Mediator List for the Southern District of Florida, and Middle District of Florida. She is a Florida Supreme Court Certified Civil Circuit Mediator, Florida Supreme Court Qualified Arbitrator, and AAA Mediator and Arbitrator Panel Member, in the areas including labor, employment, workplace, human resources, consumer, civil rights, business, and contract disputes.

It is Ms. Adelson’s mission to help people engage constructively in all phases of the conflict process and navigate conflict successfully, through mediation, arbitration, risk mitigation, and litigation avoidance solutions. Ms. Adelson’s mediations take place in a variety of contexts, from pre-litigation to pending litigations at inception of suit, just prior to or after or a dispositive motion, on the eve of trial or pending post-trial motions or while on appeal, as well as pursuant to pre-dispute contractual mediation/arbitration agreements.

Well-versed in the concerns of both plaintiffs and defendants, as well as both employers and employees. Ms. Adelson is especially effective with hostile and litigious parties because of her more than 20 years of litigation and trial experience as a lawyer handling employment law, discrimination, civil rights, labor law and business dispute cases. She is a creative thinker and has a proven track record of negotiating and resolving these types of cases.

Ms. Adelson is a highly sought after public speaker, and is often a resource for local and national news publications including The Miami Herald, The New York Times, Fox Business Insider, Fox Business Network, WIOD News Radio 610, Westlaw’s Next in Practitioner Insights, Human Resources Executive Online Magazine, CareerBuilders.com, The Work Buzz, Hospitality Technology Online, and more.

Case Experience	ADA Accessibility	EEOCs	Partnerships
	ADA Disability	Executive Agreements	Shareholder Disputes
	Administrative	Employment	Sexual Assault
	Commercial /	Governmental	Sexual Harassment
	Business	Insurance	Hour / FLSA
	Civil Rights	Intellectual Property	Whistleblower
	Contract Disputes	Labor / Unions	Workers'
	Consumer Law	Local Government /	Compensation
	Discrimination	Municipalities	

Representative Industries Hospitality, manufacturing, insurance, retail,sales, law firms, technology, advertising, construction, trade, financial services,healthcare, non-profits.

Mediation Philosophy Conflict management professional who believes in working with companies, attorneys' and their clients to engage constructively and successfully in all phases of conflict process. Known for creative thinking, attention to detail, thoughtful approach to emotion-laden disputes and demeanor conducive to settlement. Effective mediationof disputes can provide what the courtroom cannot, called the four C's: certainty, cost-effectiveness, closure, and confidentiality.

Education J.D., Maurice A. Dean School of Law at Hofstra University
 B.A., University of Michigan
 Florida Supreme Court, Civil Circuit Mediator
 Florida Supreme Court Qualified Arbitrator
 Elder Care Mediation Certification
 Certified U.S. District Court Mediator, Southern District of Florida
 Certified U.S. District Court Mediator, Middle District of Florida

Professional Licenses **Admitted:** Florida & New York
 U.S. District Court: Southern & Middle Districts of Florida
 U.S. District Court, Eastern & Southern Districts of New York
 U.S. Court of Appeals, 2nd Circuit.

Professional Affiliations

Memberships, & Associations

- The Florida Bar - Alternative Dispute Resolution (ADR) Section, Executive Council – Labor & Employment Section. Federal Practice Committee, Diversity, Equity & Inclusion Coommitte
- The Federal Bar Association, Broward County Chapter - Board of Directors, Labor & Employment Section, Local and National Diversity Equity & Inclusion Committees, Alternative Dispute Resolution Section Member
- Broward County Bar Association, Alternative Dispute Resolution, Labor & Employment and Small Solo Sections Member
- Broward County Women's Lawyers
- Broward County Trial Lawyers

- Association of South Florida Mediators and Arbitrators (ASFMA)
- National Association of Mediators (NAM)
- International Council for Online Dispute Resolution (ICODR)
- Florida Academy of Professional Mediators (FAPM)
- Society for Human Resources Management (SHRM)
- University of Michigan Alumni Association
- Hofstra Law Alumni Association

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